



Ultimate Athletics Presents

The Gems



All-Star Co-Ed Cheerleading for Special Needs Athletes ages 5 and up!



No previous experience necessary!

***Practices held once a week from 12:30-2:00pm on Sundays**

- Beginning October 12th/Ending Late February
- Registration Deadline: October 5, 2009

***The team will compete at 3 Regional Competitions!**

- Champion Spirit Group—January 11, 2009 St Xavier University
- Champions Spirit Group—February 7/8, 2009 McCormick Place
- Jamfest—February 14/15, 2009 Navy Pier

(will only compete one day of the 2 day competitions—day determined by competition group)

***Fees: \$50/month**

\$100.00 or less for uniform

***\$35.00 annual insurance fee**

***USASF Certified Staff and volunteers knowledgeable in special needs will be present at all practices to ensure a safe and fun environment!**

For Additional Information or to Request a registration packet:

Ultimate Athletics

3093 Falling Waters Blvd

Lindenhurst, IL 60046

847-356-3200 www.ultimateathletics.net

attention: Ashley Jones

